

6PM - 7:30PM

This is not a Multi-Course Class

2025

September 24

October 29

November 19

2026

January 28

February 25

March 25

April 29

May 27

June 24

July 29

August 26

September 30

October 28

November 18



PRENATAL BREASTFEEDING EDUCATION CLASS

Let us help you prepare for a confident Breastfeeding journey!

Prenatal breastfeeding classes offer essential education for new and expecting parents on various topics, including latching, milk supply, expressing and storing breast milk, and handling common issues like soreness or cluster feeding. You should register for these classes in the late second or early third trimester and aim to complete them about four to six weeks before your due date.

Topics Covered, and More...

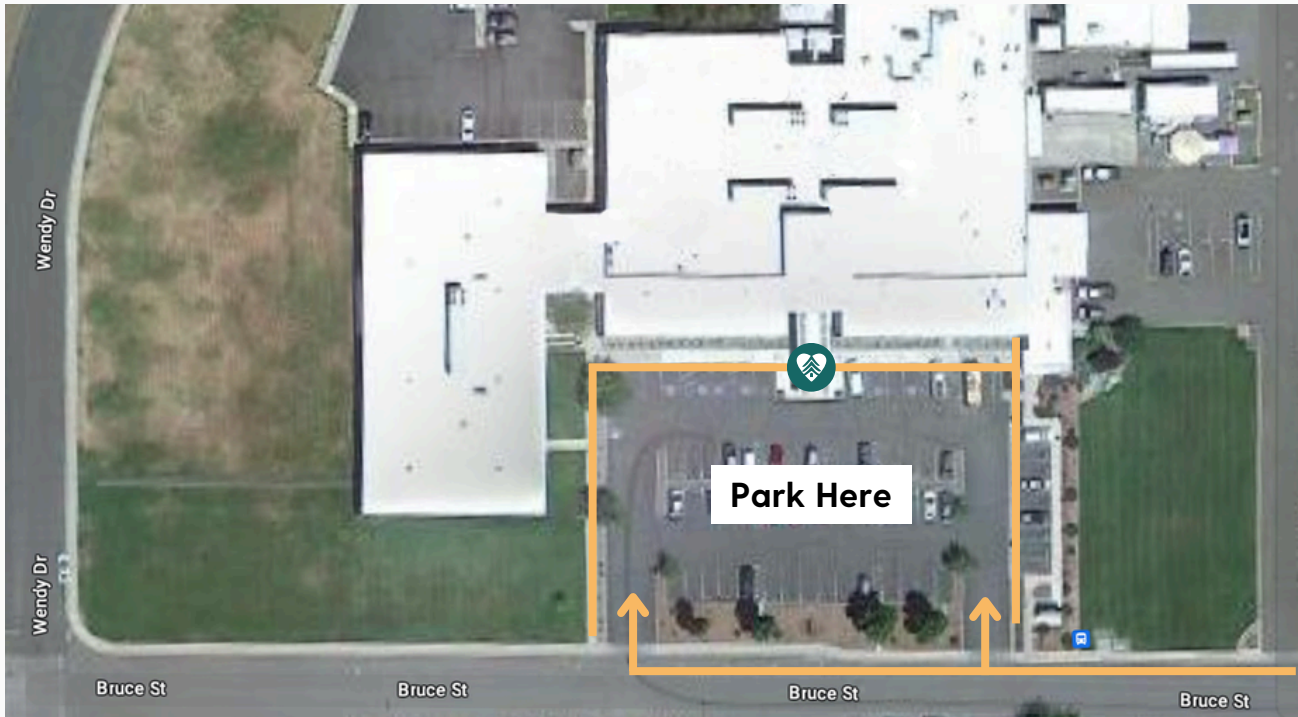
- What to expect when baby is born
- First feedings
- Basic latch and positioning
- Breastfeeding troubleshooting
- Where to find resources

Location: FMC Hospital
444 Bruce Street, Yreka

FREE CLASS

Registration Suggested
Scan QR Code to Register or call
Ashleigh Luce at 530-842-4121, ext 6318





DIRECTIONS



- Classes will be held in the Hospital Boardroom.
- Drive West on Bruce Street and park in the front entrance parking lot.
- Enter the Hospital through the front entrance and an Instructor will meet you at the Front Desk to escort you to the FMC Boardroom.

