



PRENATAL BREASTFEEDING EDUCATION CLASS



FAIRCHILD
MEDICAL CENTER

6PM - 7:30PM

This is not a Multi-Course Class

2025

September 24

October 29

November 19

2026

January 28

February 25

March 25

April 29

May 27

June 24

July 29

August 26

September 30

October 28

November 18

Let us help you prepare for a confident Breastfeeding journey!

Prenatal breastfeeding classes offer essential education for new and expecting parents on various topics, including latching, milk supply, expressing and storing breast milk, and handling common issues like soreness or cluster feeding. You should register for these classes in the late second or early third trimester and aim to complete them about four to six weeks before your due date.

Topics Covered, and More...

- What to expect when baby is born
- First feedings
- Basic latch and positioning
- Breastfeeding troubleshooting
- Where to find resources



Location: Yreka Clinic
475 Bruce Street, Yreka

FREE CLASS

Registration Suggested
Scan QR Code to Register or call
Ashleigh Luce at 530-842-4121, ext 6318





DIRECTIONS

- Classes will be held in the FMC Clinic Break Room across the street from the Hospital.
- Drive East on Bruce Street and turn left on Wendy Drive.
- Please park in the overflow parking off of Wendy Drive behind the clinic.
- Entrance to the FMC Break Room is located on the South side of the building across from the overflow parking.

